PROPOSAL

Program Officer NSS Unit Sonopant Dandekar College Palghar.

To The Principal Sonopant Dandekar College Palghar

Sub: <u>Request to approve a proposal for sending NSS volunteers to District Level</u> <u>Camp</u>

Sir,

The NSS Unit of the College proposes to send NSS volunteers for the "TWO DAYS DISTRICT LEVEL CAMP" starting from 15th February 2019 to 16th February 2019 at Abhinav College, Bhayander.

Thank you.

Yours Sincerely,

Rohit Gaikwad NSS. Program Officer

Date: 02/02/2019

NOTICE

National Service Scheme (NSS)

TWO DAYS DISTRICT LEVEL CAMP

All the NSS volunteers are hereby informed that the "TWO DAYS DISTRICT LEVEL CAMP" is organized from 15th February 2019 to 16th February 2019 at Abhinav College, Bhayander.

NSS volunteers from the college NSS unit interested in visiting may contact NSS Program Officer Prof. Vivek Kudu for further details.

Contact Number: 9049530415

The last date to submit names is 09th February 2019.

Rohit Gaikwad NSS. Program Officer

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Dr. Kiran J. Save

Principal

"TWO DAYS DISTRICT LEVEL CAMP" From 15th February 2019 to 16th February 2019 at Abhinav College, Bhayander.

OBJECTIVES OF THE ACTIVITY

- 1. The primary objective is to equip NSS volunteers with essential first aid skills, enabling them to provide immediate assistance in emergencies effectively.
- 2. To enhance volunteers' preparedness to handle medical emergencies by providing them with practical knowledge and hands-on training in administering first aid.
- 3. Another objective is to promote safety awareness among NSS volunteers and the community at large.
- 4. Training in first aid instils confidence in volunteers, enabling them to respond calmly and effectively in emergencies.
- 5. The camp seeks to empower volunteers to become proactive agents of change in their communities. By equipping them with life-saving skills, volunteers are better prepared to make a positive difference and contribute to the well-being of others.
- 6. First aid training encourages teamwork among NSS volunteers as they practice skills together and collaborate in simulated emergency scenarios.
- 7. Participating in first aid training promotes a sense of civic responsibility among volunteers.

OUTCOMES

- 1. NSS volunteers demonstrate improved proficiency in administering first aid, including assessing injuries, providing CPR, controlling bleeding, and stabilizing patients until professional help arrives.
- 2. Volunteers gain confidence in their ability to respond to medical emergencies effectively.
- 3. NSS volunteers are better prepared to handle medical emergencies following the training camp.
- 4. Training in first aid promotes safety awareness among NSS volunteers and the broader community. Volunteers become advocates for safety, encouraging others to take proactive measures to prevent accidents and injuries.
- 5. The camp empowers NSS volunteers to make a positive difference in their communities by providing life-saving assistance during medical emergencies.
- 6. They learn to work collaboratively with others to provide effective first aid and support in emergencies.

REPORT

NSS volunteers Arpita Atmaram Kini, Ms Viraj Shankar Sangane, and Ms Vaibhavi Bhadrasun Patil participated in a two-day district-level First Aid training camp organized at Abhinav College, Bhayander, from February 15, 2019, to February 16, 2019. This report aims to highlight the participation and contributions of these volunteers during the training camp.

The two-day district-level First Aid training camp at Abhinav College, Bhayander, provided NSS volunteers with an opportunity to acquire essential first aid skills and knowledge. The camp included theoretical sessions, practical demonstrations, and hands-on training exercises aimed at equipping volunteers to respond effectively to medical emergencies.

They actively participated in all aspects of the training camp, demonstrating their commitment to learning and readiness to serve their communities in times of need.

The volunteers actively engaged in theoretical sessions covering topics such as assessing injuries, providing CPR, managing bleeding, and stabilizing patients. They attentively listened to lectures and actively participated in discussions to deepen their understanding of first aid principles.

The volunteers demonstrated excellent collaboration and teamwork throughout the training camp. They worked together to practice first aid techniques, share knowledge and experiences, and support each other in mastering the skills necessary to respond to medical emergencies effectively.

Their active engagement, eagerness to learn, and demonstration of first-aid skills reflect their dedication to serving their communities and contributing to public health and safety.

Rohit Gaikwad NSS. Program Officer

CERTIFICATES

